the speed of light (186,282.398 miles/second; 299,792.458 kilometers/second) with an accuracy hitherto unknown, and other units of measures have also benefited. A laser beam follows what must be the world's straightest line, a boon for surveyors and the like. Lasers in the laboratory have also allowed the development of new techniques to perform tasks that were previously impossible. Nuclear fusion reactions making possible the generation of enormous quantities of inexpensive electricity from plain seawater will probably be initiated and sustained by lasers.

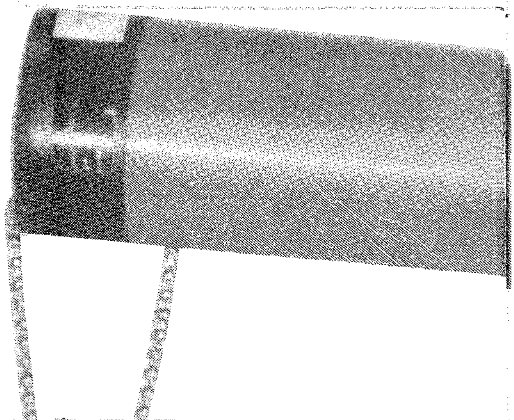
Communications: Right now fiber-optic communications links using semiconductor lasers are in limited use, but their potential for carrying vast quantities of information makes it certain that as new installations are made, they will become much more common. In space, where laser light cannot be attenuated by air, it may carry communications and data from satellite to satellite, or even to earth. Lasers also are the heart, of course, of the laser printers; those devices, with their high-quality outputs, are now becoming popular in computer circles.

Entertainment: Laser-light shows are popular at rock concerts, and lasers are also used to record and read the information contained on CD's and most videodiscs. Holography, practical only with laser light, makes possible 3-D photography without a camera or special viewing device, and has given birth to a new art form. One day we may enjoy holographic movies, although holographic television at this point seems rather farfetched because of the limited resolution of even the most sophisticated video systems. The applications of holography, of course, are not limited to the world of entertainment. Holographic techniques are also used in devices like scanners for UPC (*U*niversal *P*roduct *C*ode) readers in stores, and in the restoration of artwork.

War: Like dynamite, lasers can be put to both peaceful and destructive uses. Currently in the headlines is the "Star-Wars" technology that will take the science of war into the peace of space. Lasers are also used in the navigation systems of missiles and in targeting devices.

New uses for the unique qualities of laser light are constantly being conceived. Among some of the more unusual and esoteric areas being explored are dental holography, gene manipulation, acupuncture, laser-based optical computers, and the use of lasers to transmit power from solar-energy-gathering satellites. Future applications of the laser may only be limited by the scope of human imagination.

It doesn't take much to see that the invention of the laser is one of the most significant things to come out of the laboratory in this century. **R-E**



HELIUM-NEON LASER

Build this simple helium-neon laser and start having fun with photons!

ROBERT GROSSBLATT and ROBERT IANNINI

BACK IN THE HEYDAY OF SCIENCE FICtion's era of purple prose, tales of bug-eyed monsters, death rays, and the like filled many a pulp magazine. Of course, we knew then that it was all just fantasy; you could no more have a "death ray" than you could travel faster than sound or put a man on the moon.

While those bug-eyed monsters (or BEM's, for short) have yet to pay us a visit (to the best of our knowledge), much of yesterday's science fiction is today's science fact. We even have a death ray, of sorts. Of course, we are referring to the laser, which can be a powerful weapon in the hands of those who wish to use it as such.

But the laser is also a great tool for science and industry. In just 25 years the laser has gone from far-fetched notion, to scientific reality, to common noun. Hardly a day goes by where some part of our lives is not affected by lasers. Today, the laser has joined the transistor as a hallmark of modern electronics.

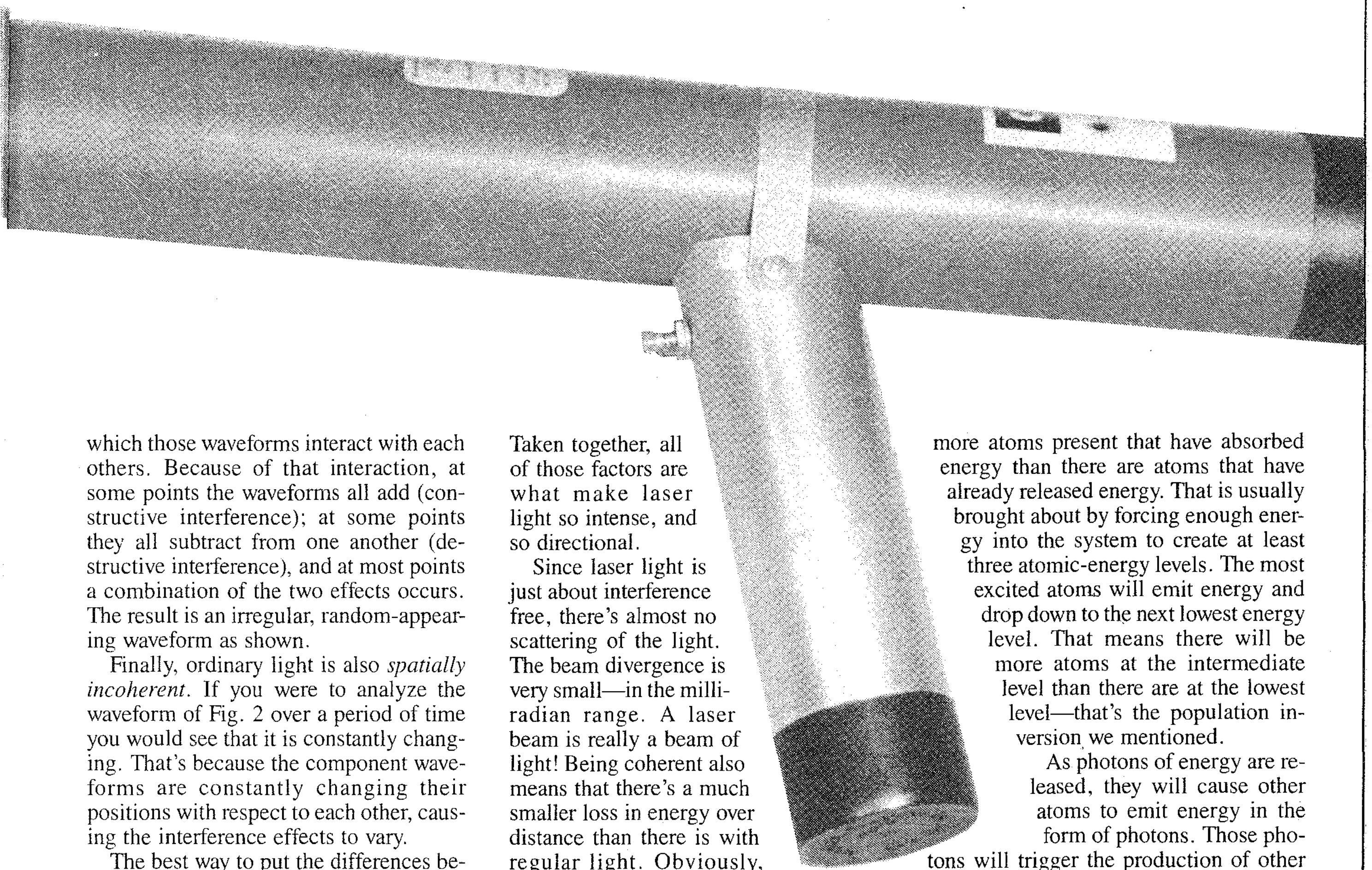
What's a laser?

The word *laser* is an acronym for *L*ight *A*mplification by *S*imulated *E*mission of *R*adiation. But for most of us, that provides a poor explanation of what a laser is and how it works. To find a better explanation, we have to leave electronics for a while, drop into the world of physics, and talk a little bit about the nature of light. You can't understand laser light until you have some familiarity with the properties of light in general.

There are three ways in which laser light differs from ordinary light, and each of those differences contributes to the special characteristics of a laser. Let's begin by looking at some of the characteristics of ordinary light.

Ordinary light has a relatively wide bandwidth. That means that a spectrographic analysis would reveal that regular light is made up of many different wavelengths. Just about everybody has seen, or done, the experiment in which a beam of white light is directed through a prism and split into different colors. The ordinary light we see as white, therefore, is actually made up of different color elements—it's *polychromatic*. Figure 1 shows the composition of visible light, and the relative sensitivity of the human eye to various wavelengths.

Ordinary light is also *temporally incoherent*. By that we mean that the various components of the light do not share any time relationship; they are all randomly out-of-phase with respect to each other. Thus, if you were able to look at the waveform of a beam of ordinary light, you would see something that looks like Fig. 2. The irregularity and random appearance of that waveform is caused by the presence of waveforms of differing frequencies in the light, and the ways in



which those waveforms interact with each others. Because of that interaction, at some points the waveforms all add (constructive interference); at some points they all subtract from one another (destructive interference), and at most points a combination of the two effects occurs. The result is an irregular, random-appearing waveform as shown.

Finally, ordinary light is also *spatially incoherent*. If you were to analyze the waveform of Fig. 2 over a period of time you would see that it is constantly changing. That's because the component waveforms are constantly changing their positions with respect to each other, causing the interference effects to vary.

The best way to put the differences between ordinary and laser light in perspective is to compare light to sound. Ordinary light, because of all the things we just talked about, can best be compared to noise. The waveforms at any moment in time are not only randomly spaced, but there's an unpredictable mix of frequencies as well.

Now, if regular light is like noise, then laser light can only be thought of as the purest sound imaginable. For openers, laser light is highly monochromatic—a spectrographic analysis would show that it is composed of light of only one wavelength. And where regular light is temporally incoherent, a laser is temporally coherent—all of the light waveforms are in phase with each other. That is one of the reasons why a laser puts ut light of such pure color. Being monochromatic helps, of course, but being temporally coherent as well means that there's almost a complete absence of what would be called distortion in a sound wave.

As you might have already guessed, laser light is also spatially coherent. If you looked at the waveforms over a period of time, there would be absolutely no shifting or movement. Considering the absence of interference effects, that is exactly what you would expect to happen. Taken together, all of those factors are what make laser light so intense, and so directional.

Since laser light is just about interference free, there's almost no scattering of the light. The beam divergence is very small—in the milliradian range. A laser beam is really a beam of light! Being coherent also means that there's a much smaller loss in energy over distance than there is with regular light. Obviously, since laser light is so different from regular light, it can't be produced the same way. And in order for us to understand how it's produced, let's see how regular light is produced.

Electromagnetic waves in general, and light in particular, is produced when an atom gives off energy. Now, an atom either takes on energy (absorption), or gives off energy (emission), by having its electrons move from one energy level to another. Once energy has been supplied to the system, and absorbed by the atom, emission can occur in one of two ways—it can happen spontaneously, or it can be stimulated.

Spontaneous emission is the result of natural atomic decay. The electrons randomly drop in energy level and produce the kind of waveforms shown in Fig. 2. When you power up a light bulb, for example, the atoms in the filament absorb energy and release it as a combination of heat and ordinary, incoherent light.

Stimulated emission is a completely different process. The idea is to keep the atoms from releasing their absorbed energy in a random manner. In order to do that, you have to create a state of affairs called a "population inversion." In simple terms, that means that there have to be more atoms present that have absorbed energy than there are atoms that have already released energy. That is usually brought about by forcing enough energy into the system to create at least three atomic-energy levels. The most excited atoms will emit energy and drop down to the next lowest energy level. That means there will be more atoms at the intermediate level than there are at the lowest level—that's the population inversion we mentioned.

As photons of energy are released, they will cause other atoms to emit energy in the form of photons. Those photons will trigger the production of other photons. And if the emission is bounced back and forth between two mirrors the production of photons will continue to build in phase and the result will be, you guessed it, a beam of laser light with a waveform that looks like that shown in Fig. 3.

Making a laser

Now, understanding the basic theory and putting it into practice are, as we all know, two completely different things. Creating the population inversion you need to produce a laser beam is really an iffy, ticklish business. Everything has to be just so or nothing will happen. The mirrors have to be of a certain type to produce the in-phase coherent energy needed for a laser. And enough energy of the right type has to be forced into the system to make the whole thing work.

The kind of energy you have to pump into the system depends on the type of material you're trying to make lase. Semiconductor and gas lasers are pumped up with electrical energy while crystalline lasers, such as those made from ruby rods or YAG (*Y*trium-*A*luminum-*G*arnet) are usually pumped up optically with xenon flash tubes or arc lamps.

The laser we're building here is a gas

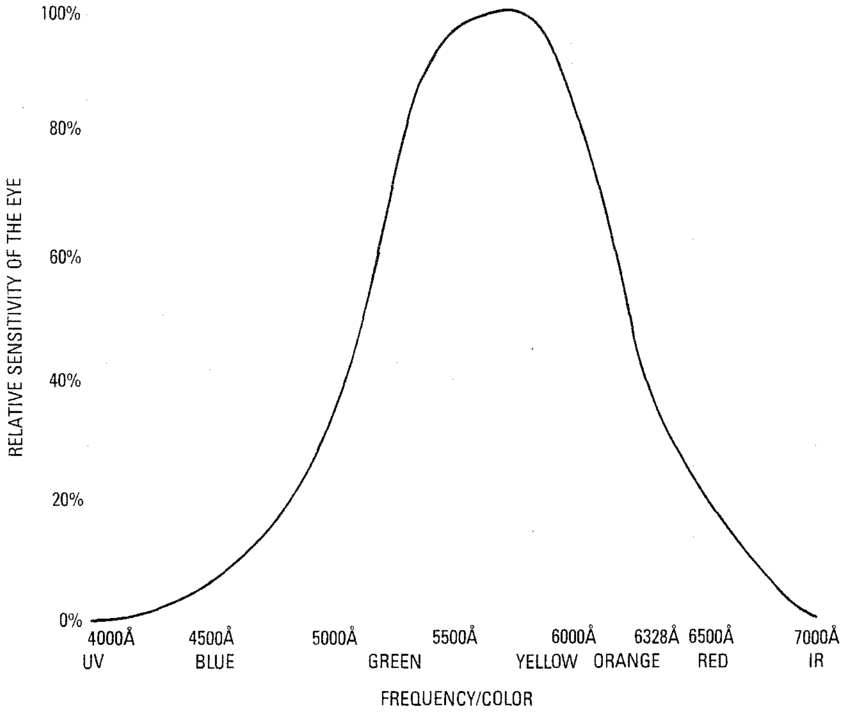


FIG. 1—THE VISIBLE SPECTRUM, and how the human eye responds to it. The wavelength of the light emitted by our helium-neon laser is 6328 Angstroms.

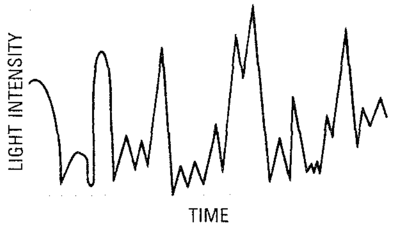


FIG. 2—THIS RANDOM-APPEARING waveform is that of ordinary light. The waveform is made up of all of the various frequencies that make up such light.

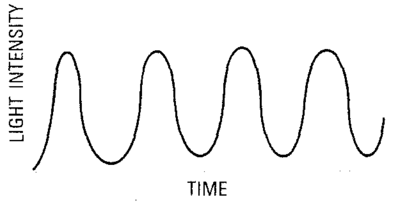


FIG. 3—LASER LIGHT is made up of light of just one frequency. It is the purest type of light possible.

laser—more specifically a helium-neon laser. The frequency of the light is 6328 Angstroms and the laser puts out about 1 milliwatt with a beam divergence of 1.3 milliradians. Now, 1 milliwatt may not sound like a lot of to you, but that's because you're still thinking in terms of regular light. Remember that the laser produces a highly directional beam of coherent, monochromatic light. The laser we're talking about here generates a beam that can be spotted on a wall more than two miles away!

Helium-neon lasers are extremely inefficient and, in order to make them work, the mechanical setup of the laser tube has to be just about perfect. It has to be properly sealed and contain the correct gas mixture. Also, the mirrors have to be perfectly aligned dielectric ones so enough reflection takes place at the proper frequency to cause the device to lase. Those mirrors must be highly reflective, within a couple of decimal places of 100%; by contrast, the silver mirrors we use every day have a reflectance factor of only 95%.

Making a helium-neon laser tube is a project that is beyond the means of most of us as it requires a fair amount of skill and equipment. Among other things, you need to have the skills and equipment required to create a precise mixture of gasses, and you need to be adept at glass blowing. All of that is not impossible, of course, but in most cases its a task that is best left to someone else; we recommend that you purchase rather than build a tube. (One source for laser tubes is mentioned in the Parts List.)

Once you have a working laser tube, actually making it produce a beam is surprisingly simple. The only electronic assembly needed is a power supply that will deliver the right voltage to make the tube fire. Figure 4 is the schematic of a power supply that can be used to trigger the laser. If it looks familiar, that's because its front end is essentially the same one used in the construction of the infrared viewer that appeared in the August 1985 issue of **Radio-Electronics**.

The power supply is a switcher with Q1, Q2, and their related components forming an oscillator that switches a squarewave through the primary windings of T1, a high voltage step-up transformer. That part of the circuit takes the battery voltage and produces about 400 volts AC at the secondary of T1. Diodes D3–D6 and capacitors C2–C5 form a voltage multiplier that takes the 400 volts from T1 and boosts it to the 1600-volts DC needed to ignite the laser tube.

The high-voltage pulse needed to ignite the tube comes from an 800-volt tap on the voltage multiplier. Resistors R3 and R4 divide that voltage to provide the 400 volts needed to charge up C9, the dump capacitor. When the SCR fires, the charge on C9 is dumped into the primary of the trigger coil, T2. Capacitor C11 charges up and, since it's in parallel with the laser tube, when the voltage builds enough to excite the gas, ignition takes place and current flows through the tube. That causes a voltage drop across R10, which turns on Q4 and turns off Q3.

As soon as the laser tube ignites, therefore, the ignition circuitry is turned off. That saves battery power because the laser tube can sustain firing at a lower voltage. The relaxation oscillator made up of Q3 and Q4, and their related components is only needed to control the firing of the SCR. Once the tube starts to lase, the voltage drop across R10 keeps the ignition circuitry turned off. If the tube stops lasing, the R9–R10 junction will drop to ground again and Q4 will turn off and unclamp Q3. The SCR will start firing again and, we hope, re-ignite the tube.

Construction

Before we actually start building the circuit, there's one very important thing you *must* keep in mind:

CAUTION! The power supply can produce as much as 10,000 volts at about 5 milliamps. That is enough juice to do a lot of damage. If you're not careful you can give yourself a severe shock. Remember that the capacitors take a while to discharge completely. You can get a real jolt even if the circuit has been turned off for five or ten minutes. Treat the circuit with respect and make sure to discharge the capacitors if you want to do some work on the circuit.

Now that that's out of the way, you can build the power supply on perfboard or use the PC board that's provided in our PC Service section, elsewhere in this magazine. If you use perfboard, remember to keep the leads as short as possible because there's a lot of high-frequency AC running around part of the circuit. Whichever method you use, make sure to keep any metal objects and your fingers away from the output section located around T2 and R11. Those are the points of the circuit where the highest voltages can be found. One short second of carelessness on your part and you're going to get zapped. If you're lucky, all it will do is hurt a lot.

The only other components in the cir-

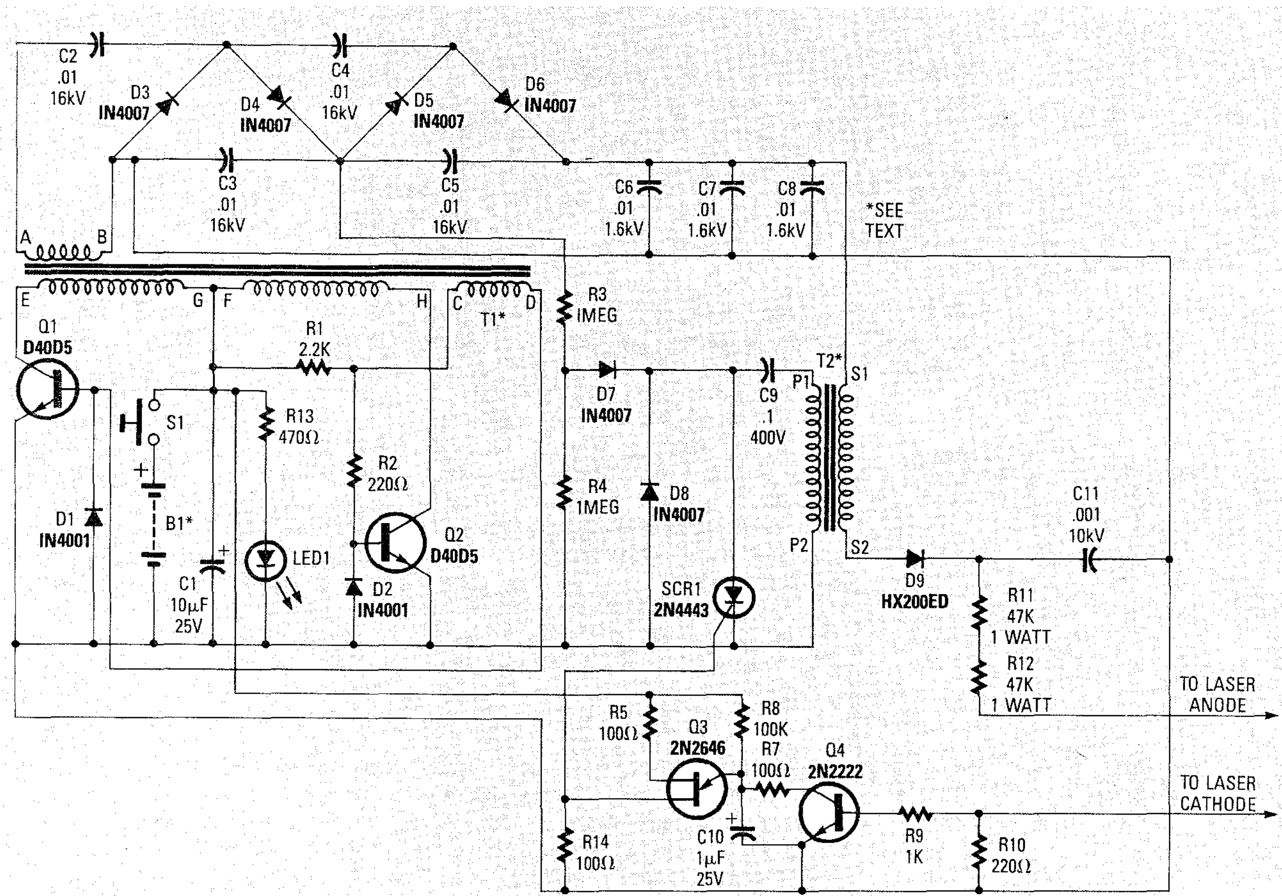


FIG. 4—THIS POWER SUPPLY is all you need to drive a laser tube like the one available from the supplier mentioned in the Parts List.

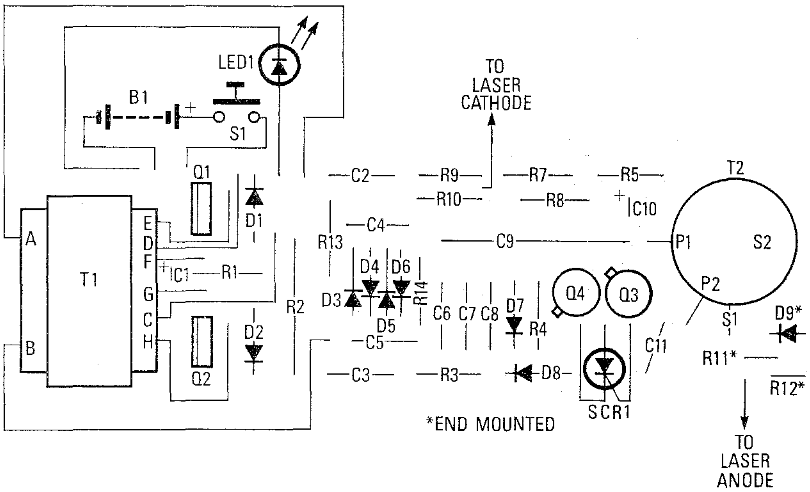


FIG. 5—IF YOU CHOOSE to use the PC board provided in our PC Service section, use this parts-placement diagram.

cuit that require special attention are the switching transistors, Q1 and Q2. The maximum current draw from the batteries is about 750 mA, so those transistors will be handling a lot of juice and getting hot. The PC-board layout shown in Fig. 5 is designed so that the transistors can be placed in such a way that their tabs can be stuck against the laminations of T1. If you are using perforated construction board, be sure that your layout allows for that, too. Use some heat-sink compound to get good thermal contact, and using small heat sinks wouldn't be a bad idea.

After you've identified the components and found their position on the board, solder them in using a minimum of solder. Once you've done that, use some high-voltage putty, paraffin, or varnish to cover the traces (or wires if you're using perfboard) that connect to all the components on the secondary side of T2 and the laser tube. That part of the circuit has the highest voltages and it's likely that arcing will take place if all the bare metal isn't covered. You may find it necessary to use the same material on the component side of the board as well.

When you finish the board, check for bridges, opens, bad solder joints, and so on. If everything seems OK, you're ready to test the power supply. Take the two leads that normally would go to the laser tube and tape them down so that they're ⅛-inch apart. Connect 10 volts to the power supply. You should see arcing across the laser-tube leads at a rate of about once a second or so; the circuit should be drawing approximately 250 mA. If the spark becomes continuous, the current draw should jump to about 750 mA—the full operating current of the laser tube. If you measure the voltage across the output of the supply, you should see an open circuit voltage of about 2500. Once the laser tube is connected, the voltage will be in the neighborhood of 1500.

If you've gotten this far without any brain damage, you're ready to connect the tube to the supply.

CAUTION! The laser tube is an expensive, delicate piece of equipment. In order to connect it to the circuit you'll be soldering leads to the metal collars at either end of the tube. Use a minimum of solder and apply heat for a minimum amount of time. Don't ever forget that the tube has a high vacuum inside and you can damage more than the tube if you destroy the integrity of

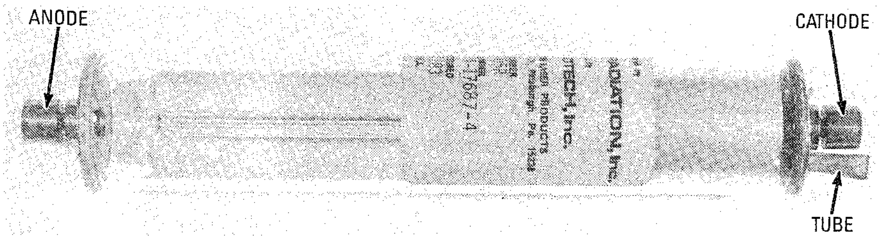


FIG. 6—A HELIUM-NEON laser tube. The cathode end can be identified by the small tube used to fill the laser tube with gas.

the seal. Use a low-power iron and a lot of common sense when you solder to the tube. Tin the wires ahead of time to keep the soldering time to a minimum.

The laser tube has an anode and a cathode end. The anode is the clear glass end of the tube and the cathode can be identified by finding the small metal tube used to fill the laser tube with gas. See Fig. 6. Once you have the ends of the laser tube identified, solder the lead from R12 to the anode, keeping that lead as short as you can. The voltage at R12 is about 1100 volts when the tube fires, so that is the point where arcing or some other type of parasitic power loss is most likely to occur. Keeping the lead as short as possible will go a long way toward eliminating any potential problems.

Connect the cathode of the tube through an ammeter to R10 and apply 10 volts to the supply. The tube should start sputtering as it tries to ignite. As you raise the voltage *slowly*, ignition will take place and the tube will fire. If you raise the supply voltage to 12 volts, you should find the tube drawing about 5 mA and the supply will be putting out about 750 mA. The operating current of the laser tube should be kept in the range of 4.5 to 5.5 mA. Less than that and the tube won't operate reliably; more than that and you'll cut down its operating lifetime. You can trim the values of R11 and R12 to get the operating current into the safe range. Just make sure you keep the total resistance of R11 and R12 at about 100,000 ohms.

The current through the tube is going to vary a lot as the battery voltage changes. If you use nickel-cadmium cells, remember that the operating voltage is going to be 1.2 in each cell for most of the lifetime of each charge. Freshly charged nickel-cadmium cells, however, can have a voltage as high as 1.5. Admittedly that doesn't last very long, but we'll mention it because adjusting the laser tube's operating current with freshly charged batteries could cause you to choose artificially high values for R11 and R12. So before you start trimming the resistors, make sure the batteries are at 1.2 volts per cell

Since the operating current is tied to the supply voltage, it's natural to think about voltage regulation. Well, there is nothing wrong with regulating the input voltage, but there are a few things to keep in mind. If you use 12 nickel-cadmium cells, you'll have a supply voltage of 14.4 and you'll be drawing as much as 750 mA from that supply. A three-terminal regulator like the 7812 would seem to be an ideal choice, but asking it to supply 750 mA is really asking a lot unless you use a 7812C, which can handle 1 amp with a good heat sink. An LM317 can be set up to put out 12 volts and it can supply 750 mA.

The biggest problem with using an IC voltage-regulator is the voltage loss that's inherent in those devices. In order to supply 12 volts, a regulator needs an input voltage of about 14.5 volts. Now that's just about the maximum you can get from the batteries. And if your particular tube wants a little bit more than 12 volts, or some of the power-supply components are a little bit lossy, you're in a lot of trouble.

So, you ask, what's the bottom line. Well, after all's said and done, unless you want to do an awful lot of circuit design, the best thing to do is let the power supply look directly at the batteries. It's not the best solution in the world, but it's probably the best thing in this situation.

The case for the laser can be as simple or as fancy as you like. Perhaps the simplest and most functional approach would be to use some lengths of standard PVC tubing. But if you do that, or completely enclose the circuit in any way, you could run into an overheating problem because of the amount of heat produced by the power supply. Because of that, it's a good idea to limit the on-time to less than a minute; keeping it under 30 seconds is even better. Further, giving the supply a 5-second or so rest between uses will increase its lifetime tremendously. Also, the better you heatsink Q1 and Q2, the better off you'll be.

Having fun

The output of the laser tube is about 1 milliwatt (or 0.4 milliwatt if the lower-powered tube offered by the supplier mentioned in the Parts List is used) and, at that power, it can't do any damage. If you had thoughts of burning your way through steel, forget it. Lasers that can do that are worlds away from the one we're building. However, that doesn't mean you can treat the light from this laser with no respect whatsoever.

CAUTION! Even a 1-milliwatt laser can be hazardous if you look directly at the beam. While we assume that anyone considering building a laser would know enough about those devices to never, never even consider doing something so foolhardy, the very nature of laser might make it very easy for accidents to happen. The beam is highly directional and very intense; to compound matters, the reflected beam is just as dangerous as the emitted beam. It's a simple matter to have the beam bounce off some shiny object and reflect back to you. You can wear safety glasses, but even if you do, be careful where and how you use the laser.

While you can use this laser, which throws an intense red beam, for such things as target spotting, perhaps its greatest use is as an introduction to the world of lasers in general. Watching the tube fire is truly fascinating and the more you experiment with it, the more you'll learn. **R-E**

PARTS LIST

All resistors ¼ watt, 10% unless noted
R1—2200 ohms
R2—220 ohms, 1 watt
R3, R4—1 megohm
R5,R7—100 ohms
R6—not used
R8—100,000 ohms
R9—1000 ohms
R10—220 ohms
R11, R12—47,000 ohms, 1 watt
R13—470 ohms

Capacitors
C1—10 μF, 25 volts, electrolytic
C2–C8—0.01 μF, 1.6 kV, ceramic disc
C9—0.1 μF, 400 volts, paper dielectric
C10—1 μF, 50 volts, electrolytic
C1—0.001 μF, 10 kV, ceramic

Semiconductors
D1, D2—1N4001
D3–D8—1N4007
D9—HX200ED, 20 kV diode
LED1—Red LED
Q1, Q2—D40D5, NPN power transistor
Q3—2N2646—UJT transistor
Q4—PN2222 NPN transistor
SCR1—2N4443 SCR

Other components
T1—12 to 400 volts, 10 kHz switching transformer
T2—10-kV trigger transformer, 400-volt primary
B1—14.4 volts, 12 nickel-cadmium cells, or equivalent
S1—SPST switch, momentary pushbutton, normally open

Miscellaneous: PC board, helium-neon laser tube, PVC tubing for case, battery holders, wire, solder, etc.

Note: The following are available from Information Unlimited, PO Box 716, Amherst, NH 03031: PC board, $4.50; switching transformer (T1), $14.50; trigger transformer (T2), $11.50; 1-milliwatt laser tube, $149.50; 0.4-milliwatt laser tube, $99.50; high-voltage diode (D9), $3.50; high-voltage capacitor (C11), $3.00.